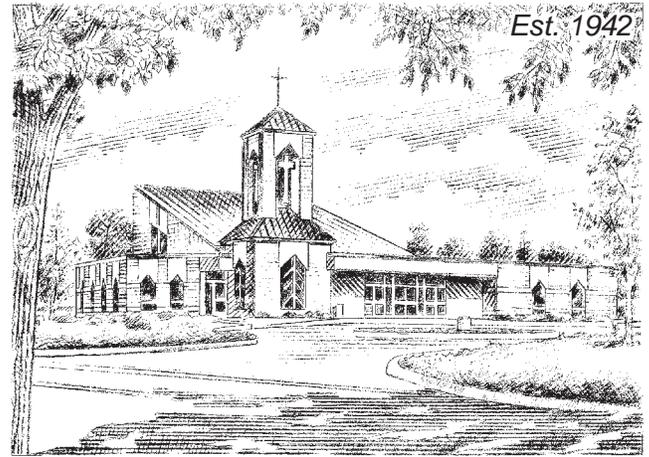


Immaculate Conception R.C. Church

20916 Dalton Road, Sutton West, ON L0E 1R0

Website: <https://immaculateconceptionsu.archtoronto.org>

Parish email: immaculateconceptionSU@archtoronto.org



Our Lady of the Lake R.C. Church

129 Metro Road North, Keswick, ON L4P 3C8

Telephone: 905-476-0097 Fax: 905-476-0897

Website: <https://ollakeke.archtoronto.org>

Office Hours: 9am to 4:30pm Tuesday to Friday

Pastoral Team

Rev. Fr. Paul T. Hancko, Pastor

Rev. Deacon Stephen Palmer

EWTN (a great Catholic TV station) Rogers 239

Weekend Masses:

Saturday:	4:00pm	Keswick
	5:30pm	Sutton
Sunday:	7:30am*	Keswick
(*from May long weekend to October long weekend)		
	8:30am	Sutton
	10:30am	Keswick

Weekday Masses:

Please consult Sunday's bulletin

Confessions (Reconciliation): Before Masses whenever possible - or by appointment.

First Friday Adoration of the Blessed Sacrament

Keswick: Mass - 8:30am, Holy Hour until 10:30am

Sutton: Holy Hour - 5:30pm, Mass at 7:00pm

New Parishioners Registration: For registration, please use the pink visitor envelopes.
Income Tax Receipts issued for minimum donation of \$25.

Papal Blessings: For special celebrations, please go to www.vatican.ca for directions.

Bequests: In your kindness, please remember Immaculate Conception & Our Lady of the Lake R.C. Church

Parish Organizations

K of C:	Steven Fry	905-960-3901
CWL:	Ann Palmer	905-989-1244
IC Women:	Rose Sheppard	905-722-3623
R.C.I.A.:	Tony Snider	905-476-4765
SVDP:		905-476-0097

Special Groups

Edge, Lifeteen, Heralds of the Gospel,
Third Order Secular Franciscans, Legion of Mary

Parish Schools

St. Bernadette (Sutton):	905-722-6226
St. Thomas Aquinas (Keswick):	905-476-7784
Prince of Peace (Keswick):	905-476-1551
Our Lady of the Lake College (Keswick):	905-656-9140

Marriages: Marriages are celebrated in the Church where the bride or groom is registered at. When a man and a woman plan to marry each other, they should contact a priest one year in advance and always before the wedding date is set, and before arranging for the reception hall. The engaged are required to attend a Marriage Preparation Course.

Please note: However, if this man or woman has previously gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been consulted. Questions are often being asked about marriages performed outside the Catholic Church by non-Catholic ministers. These are not valid marriages according to the teaching of the Catholic Church, but many can be rectified by simply consulting with your Parish priest to discuss the available options. Sometimes people make decisions without proper information, so if you wish, please contact your Pastor for details or call the Marriage Tribunal at 416-934-3400 ext 300.

Marriage Preparation Courses

Queen of Apostles Centre 905-278-5229, Catholic Family Services 416-222-0048, The Paulist Centre 416-534-2326, St. Francis Retreat Centre 519-941-1747, Our Lady of Grace Church 705-424-1551

Marriage Counselling

Retrouville 416-281-6007, Marriage Encounter 905-278-5229, Catholic Family Services 416-222-0048

Baptisms

Baptisms celebrated in Sutton and Keswick: The forms are available online or at the parish office. Forms must be complete and include copies of baptismal certificates for parents and godparents. Parents are required to attend 2 Catechism meetings. First with Father and second with the Deacon. Meetings are set only after completed registration forms with certificates are provided to the parish.

TWENTY-THIRD SUNDAY IN ORDINARY TIME

SUTTON

MASS SCHEDULE & INTENTIONS

Mon.	Sept 9	8:30am: Special Intention
Tues.	Sept 10	8:30am: +Daniel Haze req. K Bingham
Wed.	Sept 11	6:30pm: <u>Devotion of Our Lady</u> 7:00pm: +Julius & Elizabeth Hancko
Sat.	Sept 14	5:30pm: Parishioners (Pro Populo)
Sun.	Sept 15	8:30am: +Avery & Sadie Oliver req. Rose Sheppard

PRAY FOR OUR SICK

Keep in your prayers: Erica Barry, Tyler Clements, Shirley Crawford, Ed Davis, Marika Gilligan, Sebastian Henriques, John Hopkins, Grant Madill, Linda Martignani, Sara Mudge, Elaine Nangini, Michelle O'Reilly, Lesia Rogers, Janis Scully

THINGS FOR CONSIDERATION

1) Planning a **Church wedding** in 2020? Now is a good time to contact the Parish office and make an appointment with the Pastor. (Please book your reception hall only after your wedding day was confirmed).

2) Donations are being accepted: for the stand & a **very beautiful statue of St. Anthony** and also for the "railing" and a "little sanctuary" for the statue of Our Lady of Fatima, which is already in the church, near the choir. Charitable envelopes are available in the foyer of the church. Thank you for your support.

Raised to date: \$911.00



We are having an **OKTOBERFEST** on **Saturday, October 26th** at the Kin Hall in Sutton. **Tickets will be on sale September 14/15 weekend.** Adult \$30, 7-18 year old \$15 and a Family Rate of \$90. Expect a fun evening with DJ, Oktoberfest-themed food (sausage, potato salad, perogies, sauerkraut, pretzels....) There will be a 50/50 draw, raffle, and a Pie contest (which will also serve as dessert). Raffle items are needed and we are looking for 2 Smart Serve Volunteers for the event (please contact office). Thank you.

THANK YOU

A sincere thank you to **Perry Smith** the outgoing GK and we welcome our new Grand Knight of the Knights of Columbus **Steve Fry**. Good luck in this coming year.

If you are interested in RCIA for 2021, please contact the parish office. Deadline is Dec. 1, 2019.

KESWICK

MASS SCHEDULE & INTENTIONS

Thurs.	Sept 12	8:30am: +Stephen Kaiser req. Deacon Don and Debra McMillan
Fri.	Sept 13	8:30am: Holy Souls in Purgatory 10:30am: <u>Cedarvale Lodge</u> Blessings upon Hope Campbell on her 90 th Birthday req. Sandra Horvath
Sat.	Sept 14	4:00pm: + Thomas Cawley req. Danny & Patricia Ward
Sun.	Sept 15	7:30am: Special Intention 10:30am: +Walter Halicki req. Steve Stokl

WEEKLY COLLECTION:

September 1: \$ 3,319.00

ANNUAL INSURANCE DUE: \$ 5,183.00

REPAIRS DEBT: To-date: \$395,000.00

DEBT INTEREST DUE: \$ 3,893.00

REGISTRATION AND INFORMATION FOR 2020 1st HOLY COMMUNION & CONFIRMATION

Requirements for the 1st Holy Communion and Confirmation Candidates are posted on the churches bulletin board and "Parish Websites." To-date the number of registered candidates for 2020 is: 1st Holy Communion 1 and Confirmation 3

INVITING EVERYONE!

It's Tea Time! Sun. Sept 22 from 1-3pm at Egypt Hall. Set a table with your favourite china, enjoy an afternoon with your friends. Tea, coffee, a delectable assortment of sandwiches, desserts for only \$10/person! Call Ann: 905-989-1244 or apalmer27@rogers.com.

HEADS UP

Pilgrimage to **Guadalupe**, Mexico from Feb 10-17, 2020 is being organized by Fr. Paul. Cost is \$2,390.00 double occupancy. Single or triple occupancy available. Contact Deacon Milan at: 647-968-1141. Details on the bulletin boards in both churches.

SAVE THE DATES!

Sunday, September 22 Women's Tea 1-3pm at Egypt Hall

Sunday, October 6 Life Chain

Sunday, October 27th **Last 7:30am Mass**

Saturday, October 26 Parish Oktoberfest – Kin Hall, Sutton

LORETTO MARYHOLME

3-Day Silent Retreats – Oct 1-3, Nov 5-7.. Call 905-476-4013

HOW BENEDICT'S RULE CAN GUIDE YOUR SPIRITUAL PRACTICE

St. Benedict is a wise guide and presence in my life through the teachings he left in his Rule for monasteries. Benedict was born in Nursia, Italy and died at the abbey he founded in Monte Cassino (c. 480–547). All that we know of his life comes from Pope Gregory the Great, who wrote a biography about the monk and saint 50 years after Benedict's death. Gregory describes how Benedict lived for 3 years in a cave in Subiaco as a hermit until others began to seek him out and formed a community around him. There are miracles associated with the saint as well. He is said to have performed several, including bringing a child back to life.

I have been a Benedictine oblate for 15 years. To be a Benedictine oblate means to commit oneself as a layperson to live out the Rule of St. Benedict in the everyday world. Although Benedict wrote his Rule 1,500 years ago, what is perhaps most remarkable is how well its wisdom endures. Today it continues to guide the spiritual practice of thousands of communities around the world.

I first discovered the Benedictine way when I was in graduate school. In studying for my history of Christian spirituality exam I encountered St. Hildegard of Bingen, a 12th-century Benedictine abbess from Germany who was a preacher, theologian, visionary, musician, artist, herbalist, and spiritual director. The more I studied her, the more I wanted to learn about this Benedictine tradition in which she was so steeped.

I consider Hildegard to be the patron saint of my becoming an oblate. She opened the door for me into this contemplative way of life that so resonated with who I was and how I longed to pray. In Benedict's Rule I discovered a beautifully balanced vision for the spiritual life, both in solitude and in community. Benedict did not believe in harsh, ascetic practices. He was critical of those who aimed for a kind of spiritual competition or went to extremes of fasting or other forms of self-denial.

2 books by author/theologian Mary Earle for those living with chronic illness helped me fall even more in love with the Rule's commitment to balance, moderation, and finding a healing rhythm to life: *Beginning Again: Benedictine Wisdom for Living with Illness and Broken Body*, *Healing Spirit: Lectio Divina and Living with Illness*. I struggled with rheumatoid arthritis during my 20s and still have the disease, mostly controlled with medication. The Benedictine path helped me to claim the contemplative way, which I saw was not only truer to my nature but also more nourishing of a life lived with physical limitations.

In studying Benedict's Rule I discovered the practice of *lectio divina*, which means "sacred reading." This practice is one of the oldest Christian contemplative ways of prayer. Traditionally used to pray with scripture and other sacred texts, *lectio divina* has inspired me to see all of life as a sacred text in which to listen for a holy word from icons, music, and nature.

There are 3 primary commitments in the Benedictine way that form the spiritual backbone for the rest of the spiritual practices—obedience, stability, and conversion.

The root of the word obedience means "to hear" and is about making a commitment to listen for God's voice in the world and respond when you hear the call. Obedience is a difficult concept for modern Western thinkers. Consider it as a way of deep listening for the holy in all dimensions of your life. The 2nd part of this listening is a response: Am I willing to not only make the time and space to listen for God's call, but to also respond with my full self?

Stability for monastics means making a commitment to a particular monastery for a lifetime. For those of us who are committed to monastic practices outside of the monastery walls, consider it as a commitment to be present to life circumstances even through challenges. This might apply to a marriage or friendship, to our work life, or simply to daily challenges. Can I stay present to the moment and how God is speaking even when I'm uncomfortable or in conflict? Or do I want to run in the other direction?

Then there is conversion, which for me essentially means making a commitment to always be surprised by God. Conversion is the counterpart to stability. It is the recognition that we are all on a journey and always changing. God is always offering us something new within us. How might my spiritual life transform by opening myself up to the new possibilities God is continually offering each moment?

One of my favorite lines from Benedict's Rule is: "All guests who present themselves are to be welcomed as Christ, for he himself will say: I was a stranger and you welcomed me." I love this invitation to welcome that which feels the most strange and uncomfortable as the very face of the divine. The stranger might be outside of us but just as easily is within us. We each have parts of ourselves we try to push away. In the Benedictine monastic tradition, everything is considered sacred—all people, all things, and all of time. The stranger at the door is to be welcomed in as Christ. The kitchen utensils are to be treated just like the altar vessels. The hours of the day call us to remember the presence of God again and again so that time becomes a cascade of prayers

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